



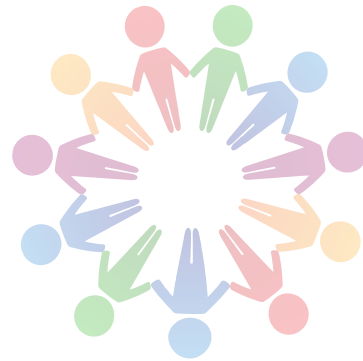
NAIJA DRUM

Maiden Edition

ABOUT NIGERIAN SOCIETY OF VICTORIA INC.

Nigerian Society of Victoria is a membership organisation that provides opportunities for all Nigerians to connect, celebrate and engage.

MESSAGE FROM THE EXECUTIVE COMMITTEE



Dear Community Members,

Welcome to the maiden edition of our newsletter, NAIJA DRUM. A special thank you to our editorial board members for making this a reality.

The current Executive Committee took office in November 2020. This was during COVID, and the future remains unclear. We are aware that has impacted our community members in one way or another. Therefore, we have organised several welfare events focussing on the impact of COVID-19 and how our community members may seek help.

Since November 2020, we have recruited members to join the Executive Team, the Regional Representative Committee, and other subcommittees to help us run the affairs of the association. These include the Editorial Board who have helped us to put this publication together. Collaboratively, we will continue to move the association forward. We thank all of you for answering our call to serve when we needed you most.

It was with great disappointment that the scheduled youth event was cancelled due to the lockdown. We had hoped to take our young people to enjoy the snow at Mount Bulla. We did however conduct the AGM virtually in September. This was a great success - the turnover was strong, and members provided feedback.

Our annual Independence Day Commemoration was also held virtually. We do hope to host a regional get together when restrictions are fully lifted. We ask our members to please contact your regional representative to stay connected. Furthermore, we do apologise for not making the event as inclusive and colourful as it ought to be. The time constraint limited what we were able to achieve. I like to take this opportunity to thank those who have continued to attend events organised by NSV.

In other news, the Committee of Nigerian Association Presidents in Australia, known as CONAPA, meets bi-monthly to speak with one voice to represent all Nigerians in Australia. We have discussed the issues of BVN and NIN with the Nigerian Government and are waiting for a company to be approved for Australia. We hope to achieve this before the end of the year, COVID permitting.

Throughout the year, we have sent letters to the Nigerian Government on the issues affecting our country. Members may also be pleased to hear we have met with the Honourable Ambassador Madubike to deliberate on how Nigerians in diaspora can contribute to the development of our country, Nigeria.

We will continue to pursue the following issues which concern all Nigerians, especially those in Victoria:

- Innovate 1 and its ineffectiveness
- English language requirement for Nigerians
- Not allowing extended family members to visit, creating lack of extended family support
- Voting rights for Nigerians in diaspora.

We are planning to resuscitate the Nigerian House project and to create a register of service for people who have served the association. Their services should not be forgotten.

In the coming year, we hope to:

- Conduct another passport intervention if the situation permits
- Organise inclusive sporting events throughout the year
- Host cultural activities to showcase and promote our cultural heritage.

We welcome suggestions and ideas for these events from community members.

We will continue to advocate for and promote the interest of Nigerians in Victoria where needed, especially with the multicultural affairs; Victoria Police; and other relevant Victoria government agencies; including Nigeria High Commission; and the Diaspora Ministry while we solicit the support and participation of all the ethnic groups of Nigerian Heritage in Victoria.

We will continue to serve you in the best way we can but remember we can only do so with your support and participation.

WE ARE BETTER TOGETHER

Thank you and God Bless you all.

Remi Yusuf
President, Nigeria Society of Victoria

EXECUTIVE COMMITTEE



Mrs Remi Yusuf
PRESIDENT

20/22



Mr Temitope Adebawale
SECRETARY

20/22



Pastor Lucky Ekhator
VICE PRESIDENT

20/22



Mr Tobin Ajayi
YOUTH SECRETARY

20/22



Ms Kudiratu Ifeajika
TREASURER

20/22



Mr Sijuade Emmanuel
PRO

20/22



Ms Bolanle Oguniola
SOCIAL SECRETARY

20/22



Mrs Bukola Obadina
FINANCIAL SECRETARY

20/22

REPRESENTATIVE COMMITTEE



Funmi Omidiora
Southern Region Rep



Matthew Adetifa
South-Eastern Region



Femi Jegede
Northern Region



Olu Deyaolu
Northern Metro



John Zibiri
Western Region



Bolatito Tokun
Eastern Metro



Adeolu Abioye
Western Metro



Featured articles

- MESSAGE FROM THE EXECUTIVE COMMITTEE
- AMBASSADORS MESSAGE
- WORD FROM A COMMUNITY LEADER
- YOUTH COORDINATORS MESSAGE
- GET TO KNOW YOUR REGION REPRESENTATIVES
- CALL PUSH SHOCK
- COVID-19 VACCINE
- NSV COVAX FORUM
- THE YEAR IN PICTURES

EDITORIAL BOARD



Editorial Board

Meet your Honorable editorial board members from Left to Right

- Dr Dozie Ezigbalike (Chief Editor)
- Dr Morley Muse (Deputy Chief Editor)
- Mr Wale Olaitan (Secretary, Editorial Board)
- Mr Sijuade Emmanuel (Editorial board member)
- Dr Goma Tanko (Editorial board member)
- Mr Simon Gusha (Editorial board member)

MESSAGE FROM THE HIGH COMMISSIONER



**Ambassador
Anderson Madubike**

Ambassador Anderson Madubike's mission and vision Nigeria/Australia Bilateral Relations and the Nigerian Community in Victoria.

I wish to thank and congratulate the Nigerian Community in Victoria for this wonderful initiative of producing a newsletter. This is on incredible initiative that would document your activities and plans. It would also become a source of information and an archive for future generations to learn from.

Considering the development level of both Nigeria and Australia, it is pertinent to state that Nigeria has a lot to learn. Australia is the 12th largest economy in the world, with a highly developed infrastructure and a widely diversified economy. Nigeria presently relies on crude oil for more than 80% of its earnings. My mission in Australia includes creating a partnership where Nigeria could learn and transfer initiatives through which we can fully diversify our economy. We will also collaborate with the solid minerals sector, including in Victoria, for the development of the Nigerian dormant mineral sector.

Australia is one of the largest producers of iron ore, gold, coal, etc. most of Nigeria's solid minerals, including gold. Iron ore, tin, columbite, etc, are still vastly untapped. There is virtually no Nigerian State that is not blessed with untapped resources. Collaborating with Australia in this sector will enable Nigeria to increase its resource base and create sustainable employment opportunities for many unemployed Nigerians.

I therefore wish to inform the Nigerian Community in Victoria, that I am desirous of partnering with you to elevate our bilateral relations and to tilt it to Nigeria's advantage, because we have a lot to learn in infrastructure, education, and development of human and material resources. Victoria has a highly developed mining sector and on impressive educational and health system, I will rely on the Nigerian community and the State government to create linkages and partnerships that Nigeria and the Nigerian business community can key into.

I plan to host investment conferences and roadshows, seek educational collaboration and partnerships with Australian entities, including Victoria. I will work with you in all these plans, which should not only benefit Nigerians, but should also advance the Nigerian interest.



MEET A COMMUNITY LEADER

Mrs Abiola Akinbiyi - VMC Commissioner

Mrs Abiola Akinbiyi is an experienced community leader and passionate advocate. She was recently appointed a Victoria Multicultural Commissioner by the Minister of multicultural affairs, The Hon. Ros Spence, as a Community Representative Commissioner. Abiola's advocacy focuses on people from Culturally and Linguistically Diverse communities (CALD), aged care, women, and mentoring youth, contributing positively towards their education, training, empowerment, and mental health.

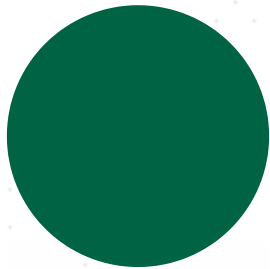
Recognised for her skills, lived experience, and commitment to the community in championing cultural diversity in Victoria, she continues volunteering with grassroots organisations, communities, and not-for-profit organisations in Victoria. Abiola is the founder of Changepreneurs, a project through which she mentors' African Australian youth to thrive. She is a member board of directors at the Ethnic Community Council of Victoria (ECCV) where she also chairs the New and Emerging Communities Policy Advisory committee.

Abiola, an inspiring leader and member of the Nigerian Society of Victoria, migrated to Australia from Nigeria with her husband 20 years ago and has over 19 years' experience of working in Victoria's public and private health sectors. She is a registered nurse, a clinical nurse educator, mathematician, a former IT professional and an award-winning entrepreneur. A Finalist of Victoria university professional achievement Alumni award 2021. A winner of the 2018 Africa Media Australia award (business and entrepreneurship). She owns T-glam Events and Party hire and ABI House of Fashion. An executive member of Africa day Australia and the Gala dinner coordinator. She is a Diversity Equity and Inclusion champion.

"I am honoured to be appointed as a VMC commissioner. Being the first Nigerian to hold the position means a lot to me, and I recognise, and with immense humility the responsibility, what this entails. The Victorian Multicultural Commission (VMC) is the main link between communities and the government. The role of commissioners is to liaise with different communities and faith groups, working at the grassroots level to gain a solid understanding of the issues communities face, and developing targeted strategies for solution."

"My journey into the community space sprung from a personal sense of gratitude to giving back to the community by volunteering my time and diverse skills to support various initiatives and organisations committed to capacity building for migrants, refugees, and people in need. Advocating is equally demanding and deeply rewarding because every little step count. I feel incredibly grateful to have the opportunities to share my personal and professional challenges and learnings as a migrant to Australia, supporting other migrants in their respective journeys.

"A key realisation I have made is that it is essential to promote and advocate for diverse female representation in leadership positions. Many incredibly knowledgeable women and young girls miss out on opportunities because they cannot aspire to what they do not see. The emergence of female leaders and their proven success stories that leadership is not by gender. My advice to people is to support our youth, be humble, be helpful, be kind, be grateful and grounded in faith. Embrace support that builds you up along your chosen path, and in this regard, I am especially grateful to NSV and my dear husband, Dr Akinbiyi, who has been a great pillar and support in this journey."



YOUTH COORDINATORS MESSAGE



Olutobi Ajayi

My name is Olutobi Ajayi, I was nominated as the Youth Coordinator for NSV 2020-2022 Executive Committee. I was honoured for the nomination and humbly accepted the role.

A little about me, I am 26 years old, I was born in Lagos and my family moved to Melbourne when I was 3 years old. I love being a Nigerian and I consider myself Nigerian before Australian, even though I love Australia and I have lived here basically my whole life. There is so much culture and beauty in Nigeria that resonate with me. Why would I want to be anything else?

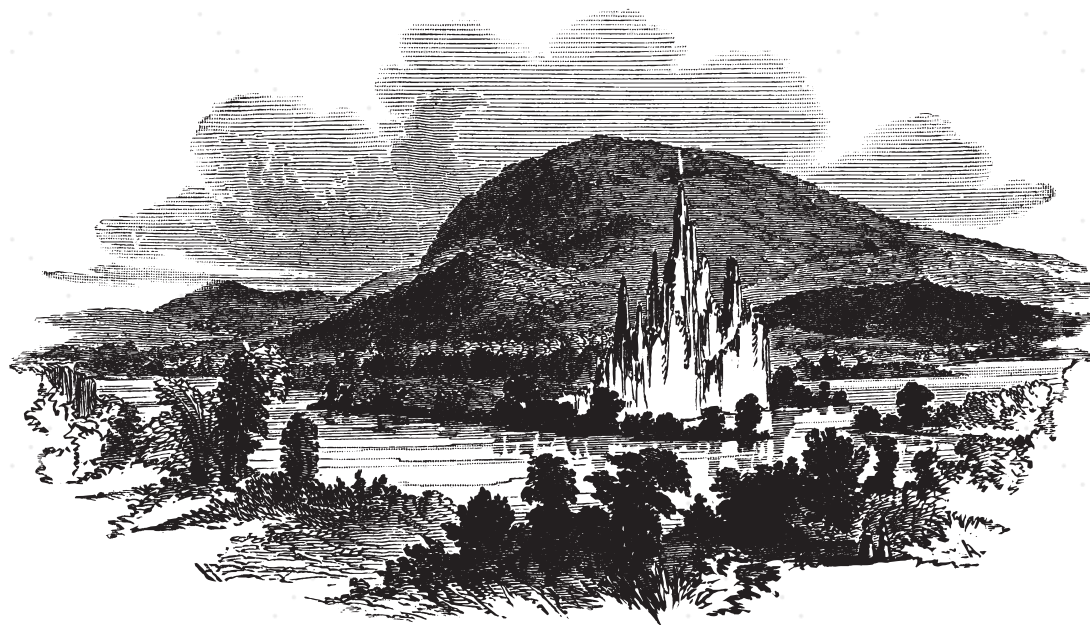
There is good and bad in every culture and there is a lot of room to improve our country. I hope in the not-too-distant future Nigeria will be able to be the great nation we are destined to be.

I graduated with a commercial law background in university. Throughout my university studies, I worked mostly in the insurance industry, but also had stints in marketing and sales, cleaning, and entertainment. I was a Claims Officer for almost two and a half years in Allianz and now a full-time Account Manager at Megalines Insurance and Risk Advisers. It is a challenging role but a fulfilling one to be able to provide my clients the right insurance products. Other than work, I enjoy music, movies, art, working out, hanging with friends and my relationship with God is primary focus in life.

I have implemented a youth coordination team of 9 members. It is a youth only support committee as it is important to have some youth presence in most NSV events. We often bounce off ideas and inform each other of anything that would benefit or highlight youths, such as the Uni Melb Masterclass that was subsidised for African Youths and promoted on our platforms. World Health Organisation (WHO) generally defines youths as 15-24 years age group, but please we are open to those a couple of years older or younger as long as you are young at heart. To parents of teenagers and young adults, please notify me and invite them to NSV events, we would love to showcase their talents.

The executive team have had countless meetings and countless hours have gone on behind the scenes for future events that most have ended up having to be done virtually or rescheduled due to COVID-19 lockdown. Similarly, a lot of planned youth-focused events were unable to go forward for the same reason. It was devastating that Mt Buller Getaway could not hold, however we are still keen to have this occur next year. So, for those who still have tickets, please hold on to them as we are going ahead when there are no restrictions likely sometime in winter next year.

Other than this, we are applying for more grants for more events now that we can plan for these live events. There is no limit for the future of NSV.



KNOW YOUR REGIONS

NORTHERN METRO

Report by Olu Deyaolu

The Northern Metropolitan Region reaches from the inner city suburbs of Brunswick, Northcote, Alphington and Ivanhoe, to the outer areas of Craigieburn and Sunbury, and to the Kinglake National Park and rural and interface communities of Whittlesea and St Andrews. It is a culturally diverse and vibrant region, featuring Melbourne's major airport, arts and cultural precincts, the National Employment and Innovation Cluster in LaTrobe and new growth area communities on the northern fringe of the city such as Craigieburn, Greenvale, Wollert and Mernda.

The Northern Metropolitan Region boasts popular precincts like the Preston Markets, Uni Hill, Epping, Greensborough and many more. Investment in the region is driven by the Northern Partnership which engages with the wider community to identify issues and opportunities, and advise the State Government on the priorities for this region.

In one sentence, The Northern Metropolitan Region is where it all happens!!

Visit us anytime you wish and enjoy a taste of our Northern hospitality



SOUTH - EASTERN REGION

Report by Matthew Adetifa

NSV Southeastern region is made up of Gippsland and BawBaw Shire.

Gippsland is a region in southeastern Victoria, extending from Melbourne's eastern suburbs to the New South Wales border, and encompassing beaches, farmland, mountains and lakes. At its southernmost point is Wilsons Promontory National Park, with bushland, wildlife and beaches. Walhalla, a former gold mining town in west Gippsland, features the restored Walhalla Goldfields Railway and preserved Walhalla Gold Mine.

NSV members in the southeastern region have always worked together to promote the objectives of the association. We interact via our active whatsapp platform. To join the platform, please contact the regional representative- Matthew Adetifa



MEET YOUR REGIONS

WESTERN METRO

Report by Adeolu Abioye

We are making efforts to contact all NSV members that fall within our region and have recently created a WhatsApp group "NSV Western Metro" in an effort to bring our people together for a greater and more inclusive NSV.

The invite was recently posted on the NSV Whatsapp page and a number of western metro residents have already joined the group. If you are a Nigerian that live within the suburbs listed above, kindly contact me via email on **"WesternMetrorep@nigeriansocietyvic.org.au"**. So we can add you to the group and ensure that you receive all information and communication that are relevant to you.

I am looking forward to the support of all Nigerians in the western metro region to come together to work with us and help move our association forward.



EASTERN METRO

Report by Bolatito Tokun

My name is Bolatito Tokun. I am a wife, mother to 3 adult children and a Nurse. I am the NSV representative for the Eastern Metropolitan region of Victoria. My duty as the representative is as a go between the NSV and my community in the dissemination of important information, encouraging and assisting new migrants to get integrated as well as get the necessary assistance from NSV.

The eastern Metropolitan region covers: Casey, Cardinia, part of Dandenong, Kingston, Knox

There are many natural, interesting and family friendly places for activities in this region.

Places of interest that we could explore together as a community:

- Puffing Billy in Belgrave
- For the love of grapes in Dandenong
- Luna park in St Kilda
- Wilson Botanic gardens in Berwick
- Casey central park
- Akoona park
- Royal Botanic garden
- Emerald Lake
- Timbarra park..... and many more.

We currently run a social group on WhatsApp and we plan to have outings together as soon as our doors open again. If you live in this region please call 0421868378 and join our group.

We are happy to have you and explore together. It will be fun!!



NORTHERN REGION

Report by Femi Jegede

The Victoria northern region extends from the outskirts of Melbourne in the south to the Murray river in the north. The area covers approximately 20,000 km square, it comprises Goulburn valley area, Hume and also shares a border with New South Wales. Major regional centres in the Goulburn Valley are Shepparton, Seymour, Echuca, Benalla, Yarrawonga and Kyabram.

Goulburn Valley is a historic wine producing region in the northern part of Victoria. Wine growing here dates back to the 1860s, and the region boasts some of the oldest Shiraz vines in the world. Goulburn Valley red wines made from Shiraz are powerful and intensely concentrated, laden with rich, ripe fruits and spice. Greater Shepparton, in the heart of the Goulburn Valley, has long been synonymous with food and fresh produce. Home to an amazing array of home-grown goods including stone fruit, cherries, apples, pears, grapes, olives and tomatoes, it is little wonder the region is considered the food bowl of Australia. Greater Shepparton is a warm and welcoming place, a thriving, vibrant and progressive region, and we'd like to tell you a little more about it. There are many practical and economic reasons to move to Shepparton. Real estate is affordable and there are plenty of career opportunities. The three major employers in Goulburn valley comprises fruit packaging companies like Shepparton packaging company (SPC) and others, Goulburn Valley Health and the Goulburn Valley council.

The Goulburn Valley health is the largest hospital in the region that brings lots of people to the area. Nigerian health practitioners have had landmark and good reputations in the organisation, most of the time Nigerian has great opportunity of getting jobs anytime they seek for job in the hospital.

Weather

Greater Shepparton enjoys a temperate climate, boasting more hours of sunshine per year than the Gold Coast! Summers bring hot and dry weather, spring and autumn are typically warm, whilst cold frosty winter mornings turn in the bright sunny winter days

Natural attractions

The Goulburn valley has many natural attractions in the region like, the Australian botanic gardens in Shepparton which uses Australian native plants in themed gardens designed to represent the cultural, environmental, historical and agricultural characteristic of Greater Shepparton and Goulburn Valley.

Lower Goulburn Natural pack- The Goulburn river is lined with River Red Gum and is an important wildlife corridor linking the mountains of the Great Dividing Range to the Murray river.

Dookie Rail Trail- The Dookie rail trail offers scenic views of rolling hills season crops, wildlife and a town with spirit.





SOUTHERN METRO

Report by Funmilola Anike Omidiora

The Mandate.

Hello everyone, My name is Funmilola Anike Omidiora. I am one of seven Regional Representatives that was set up in 2020, your Southern Metro Regional Representative. This group of representative committee was set up with this mandate as stated in the model rules of 2020.

The primary role of the Regional Representative Committee is to ensure that the interests of their constituents are provided for in the activities of the association, mobilise local support for the association and keep their constituents informed of the association's activities and programs."

Area of Coverage

The following areas are covered by under the Southern Group.

1. City of Brighton
2. City of Boroondara.
3. Glen Eira City Council
4. Greater Dandenong
5. Frankston City Council
6. Hobson Bay city Council
7. Melbourne City Council
8. Kingston City Council
9. Yarra City Council
10. Stonnington City Council
11. Port Phillip City Council
12. Mornington Peninsula City Council



This constituent has been well represented and active in all the activities that are being organised to date. We look forward to more people participating in all the activities in the future.

NSV Southern Metro WhatsApp Group

The group's platform is now in operation and active, more people are encouraged to join this page to make dissemination of information easy and quick. Please use this link to join the group <https://chat.whatsapp.com/E8Lmw53ycESJTbvz0ogNy8>

We are also in the process of arranging an Independence Day get together for the 30th of October 2021 as well as a barbeque for the end of the year (please note that we will be following the government covid restrictions that are in place at that time.)

I wish to use this medium, to appreciate every member of my region that already reached out to accept me into this role, I also want to say thank you to everyone as you take part and cheer on Nigerian Society of Victoria, by participating and contributing to the progress of the group. We are indeed better together.





Every day, around 18 Victorians will have a cardiac arrest, with only 1 in 10 surviving. We know that CPR can double a person's chance of survival. Using an AED (or defibrillator or 'defib') increases survival even further.

Ambulance Victoria's CPR community awareness program is called "**Call Push Shock**". This simple, three-step program aims to raise community awareness of the actions required to save a life, and address some major barriers behind why some bystanders are fearful of taking action. The name of the program reflects these desired actions

- **Call** Triple Zero
- **Push** hard and fast on the patient's chest and
- **Shock** the heart with a defibrillator (AED) if one is nearby, by simply turning it on and listening to its instructions

The "Call Push Shock" program was designed specifically to overcome the complicated and unnecessary information relating to CPR, which often prevented people from taking action during a cardiac arrest.

To see the "Call Push Shock" steps in action, head to ambulance.vic.gov.au/shocktober where a 5-minute video will show you how simple it can be to save a life.

You Can Save A Life FROM SUDDEN CARDIAC ARREST



CALL

911 to Get
Help



PUSH

To Triple
Chance of Survival



SHOCK

To Restart
Heart

CallPushShock.org



We are better together



IMPORTANCE OF COVID-19 VACCINE



Progress so far Report by Dr Peter Eze

The Coronavirus Disease of 2019 (COVID-19) is a global pandemic that started in Wuhan China in 2019. COVID-19, as it was christened by the World Health Organisation (WHO) on February 11 2020, is caused by a novel coronavirus called SARS-Cov2. Coronaviruses are large family of viruses that cause respiratory infections. COVID-19 is caused by one of the novel coronaviruses that cause severe acute respiratory syndrome (SARS). These types of diseases can cause serious illness or death. Therefore, we need protection from coronaviruses including COVID-19.



Vaccine and Advantages

Vaccines are substances that contain the weakened parts of a disease-causing pathogen that enables our body to build immunity against the disease caused by the organism. In recent times, vaccines do not contain weakened organisms but a blueprint code that tells the body how to produce immunity against a disease pathogen. In any case, the essence of vaccines is to simulate the presence of antigens that cause certain disease so that the body can produce anti-bodies to fight the disease. Furthermore, vaccines go further to create memory cells that allow our body to easily create strong immunity to fight the disease when next it attacks our body.

Immunity can also be built by allowing the disease pathogen to affect us. However, this is a dangerous way of building immunity as the real pathogen will have destroyed our organs or even lead to death. Hence, vaccine is the best way to gain protection against a disease-causing pathogen without getting infected by the actual disease. **The major functions of vaccines are to reduce or prevent diseases transmission, symptomatic infection, hospitalization when infected and to reduce the chance of severe infection.** Thus, even if a vaccine did not prevent infection, it makes the overall impact of an outbreak to be mild on our body and on the healthcare system. In all, vaccine is a pharmaceutical public health intervention to fight disease outbreaks.

COVID-19 Vaccination Success Globally and in Australia

The COVID-19 vaccines currently approved and also in use in Australia include Vaxzevria (AstraZeneca), Comirnaty (Pfizer), and Spikevax (Moderna). The Therapeutic Goods Administration (TGA) is responsible for assessing all COVID-19 vaccines before they can be used in Australia. The effectiveness of a vaccine is a measure of its ability to perform its function. On the average, AstraZeneca is 65% efficient in preventing symptomatic infection and 85% effective in preventing severe infection/hospitalisation. For Pfizer, the numbers are 81% and 88%, respectively, while Moderna goes for 86 and 81%. Although all vaccines have side effects, both TGA and WHO have shown that all approved vaccines for COVID-19 are safe and effective and that these benefits well outweigh the mild and rare side effects that may be associated with the approved vaccines.

At the time of writing, about 49% of the world (3.87 billion people) have taken at least one dose of the available vaccines, with 37% (2.92 billion people) fully vaccinated. In Australia, 73.25% (18.8 million people) have taken at least one dose, while 61.85% (15.9 million people) are fully vaccinated. These figures are 87.36% and 74.80% for Australians aged 16 and above. For the states in Australia, Australian Capital Territory (ACT) is the most vaccinated state, followed by New South Wales and then Victoria. In these states, 83.41%, 78.74% and 77.19% respectively of the entire population have taken at least one dose. In all, even though there are high vaccination rates in developed countries, there is very low uptake in developing countries, especially Africa. For example, South Africa has the highest uptake of 25%, while Nigeria (the most populous nation in Africa) has 2.6% uptake of at least one dose. There is a need to increase uptake to eliminate the global pandemic.

Caveats on Vaccination

It is important to note that mere vaccination will not eliminate the pandemic. There are still uncertainties surrounded the efficacies of the vaccines at the population level. There are also mutations and variants of the virus. The effectiveness of the current vaccines is unknown for new variants. There are individuals who are immunocompromised. This means that their immunity level will remain low despite taking the vaccine. This is the reason why booster shots are in place. In general, non-pharmaceutical interventions (NPI), such as washing of hands, wearing masks, social distancing and localised lockdowns, will be useful to break transmissions.

Summary



INFORMATION FROM NSV COVAX FORUM



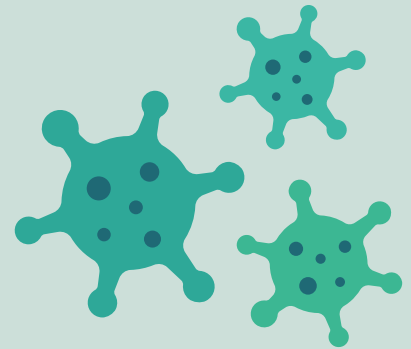
Report by Mr Bhav Selvalingam - Ambulance Victoria

The advice about what to do during this pandemic is continually evolving as we learn more. For up-to-date advice, please contact the Victorian Coronavirus Hotline: 1800 675 398 Or visit the Victorian Government Coronavirus website: coronavirus.vic.gov.au

Getting Tested

Get tested if you have **SYMPTOMS**, especially:

- Fever
- Chills or sweats
- Cough
- Sore throat
- Shortness of breath
- Runny nose
- Loss or change in sense of smell or taste.



Get tested if you have visited a **TIER 1 SITE**.

- Find a list of these on the website - coronavirus.vic.gov.au and Look for “Case alerts – public exposure sites”
- And let the Department of Health know – call 1300 651 160 or fill out a self-assessment form at coronavirus.vic.gov.au/what-to-do-if-you-have-been-exposed-to-covid-19

Get tested even if you are fully vaccinated

Even if you are fully vaccinated, it is important to get tested. While the vaccine is very good at preventing severe disease and death, no vaccine is 100% protection from getting infected. By getting tested, you are helping to keep your loved ones and community safe. If you test Positive to Covid, the Department of Health will ask you for consent to pass your details on to the local health service, who can check up on your safety while you isolate. This is called the Covid Positive Care Pathway Program, and it can be lifesaving.

Isolating

If you visited a **TIER 1 SITE**, let the Department of Health know – call 1300 651 160 or fill out a self-assessment form on coronavirus.vic.gov.au. Then Get tested

- If you are **not vaccinated**, ISOLATE FOR **14 DAYS**
- If you are **partially vaccinated**, ISOLATE FOR **14 DAYS**
- If you are **fully vaccinated** but **live with** a Covid Positive person, ISOLATE FOR **14 DAYS**
- If you are **fully vaccinated** and **do not live** with a Covid Positive person, ISOLATE FOR **7 DAYS**

If you test Positive for Covid-19

- ISOLATE until the Department of Health advises you that you can safely leave your home

Tips for isolating

- Keep the sick person in one room of the house, away from others
- Keep their door closed and windows open where possible, for good ventilation
- Use a mask if you are delivering anything to the sick person's room, then sanitise & wash hands immediately afterwards.
- Keep the sick person's utensils and crockery separate
- Limit the number of carers and do not allow visitors from outside the house to visit.
- Regularly clean & disinfect high-touch surfaces, even places that the sick person didn't touch themselves (e.g. tables, tap handles, door handles)
- Dirty tissues and masks – put them into a sealed plastic bag and then into the normal rubbish bin.
- Wash clothes on the hottest setting of your washing machine.
 - Use normal detergent
 - Wear a mask
 - Don't shake the clothes as you put them into the machine
- Health concerns?
 - Call your GP
 - Call the Covid Positive Care Pathway Program
 - Coronavirus hotline 1800 675 398
 - Emergencies – e.g. Severe trouble breathing, Chest pain, fainting – Call Triple Zero.

At anytime of day or night, you can call the Coronavirus Hotline for advice 1800 675 398 or visit coronavirus.vic.gov.au.



NIGERIA AT 61

Report by The president

In the year 2021, our great nation turned 61, and we celebrated our Nigerian heritage as Nigerians in Victoria virtually on October 2nd, 2021 due to the pandemic situation. At this event, we showcased our kids and their skills, live band, messages from key members of our society, and it was hosted by MC Ike and our very own Clint De Drunk.

The independence that we possess is the work of joint counsels, joint efforts and common dangers and success of our forefathers. This ought to be considered the main prop of our liberty. The name NIGERIA makes us one people despite our diversity. That we are in Australia is a pillar in the edifice of our real independence.

Nigeria belongs to all of us, both home and abroad, in our national capacity. We should always "exalt the just pride of patriotism more than any appellations derived from local discriminations" (George Washington) because we are all ambassadors of our country no matter the perspective, we have to it.

It was a great event, and we look forward to celebrating next year in person. Please mark your calendar as we will be sending details for our 2022 events in the coming year.



THE YEAR 2021 IN PICTURES



NSV AGM

DATE: 23rd Oct, 2021

Location: ZOOM

NSV COVID VACCINATION

DATE: 11th September, 2021

Location: ZOOM

Nigerians in Northern Victoria

DATE: 30th Oct, 2021

Location: Kids town Shepparton/Mooroopna Road

Community Open Forum

DATE: 30th Oct

Location: Kids town Shepparton/Mooroopna Road

Catch Up with your reps

DATE: 21/08

Location: Various regions

Passport Intervention

DATE: 12th - 14th March 2021

Location: The hall of Returned and Services League of Australia, Victoria Branch. 95-97 Drummond Street, Oakleigh. Vic. 3166



2021 NEW EXECUTIVE INDUCTION



NAIJA DRUM

Second Edition



**COMING
SOON**

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